Is your child's struggle with emotions or behaviors impacting your family?

Let our Outpatient Family Services help.

Sometimes children and families need a little extra support.

When children struggle with difficult feelings or how to behave, it can impact the entire family unit. The experienced experts at St. Vincent Family Services work closely with you and your family to help children ages 3-18 who may be experiencing or displaying:

- Anger
- Physical Aggression
- Acting out at home or in school
- Relating to other children
- Family conflict/divorce
- Sexual and/or physical abuse
- Depression
- Bipolar disorder
- Anxiety
- Current or past trauma
- Grief/loss
- Low self-esteem

Helping children and families reach their full potential.

Helping Families Build Bright Futures
Our Outpatient Family Services

Outpatient Family Services is a family-centered counseling program for children who experience behavioral and emotional difficulties. We focus on behavior management through a strength-based approach to individual and family therapy, supporting children and families in achieving their greatest potential. Our counselors help families identify ways to improve:

- Healthy coping skills
- Positive decision making skills
- Emotional expression
- Family and peer relationships

We work hard to help your child and family succeed.

Our Outpatient Family Services counselors work with each family to intervene before behavioral and emotional difficulties create additional family challenges. Our team of experts has extensive training in *Play Therapy, Eye Movement Desensitization and Reprocessing, Parent Directed Interaction*, and other effective methods for treatment. We are committed to meeting families where they are, strengthening relationships, and supporting overall healthy family functioning.

We believe all kids and families:

Have a valued and respected voice in treatment decisions

Are unique and need support and encouragement to reach their full potential

Thrive when caregivers take an active part in the treatment process accessing community resources.

For immediate help: Email intake@svfc.org or call (614) 824-KIDS (5437).

The cost of services is based on the family’s ability to pay, income and number of dependents. Most services are paid by Medicaid or ADAMH Board of Franklin County.