

# 25 WAYS TO ENCOURAGE

Thank you for helping with...

It makes mornings/dinner/outings easier when you.... thank you.

I really appreciate it when you...

Thank you for doing that... it means I/we can now...

**We did it together!**

**Wow! You made a building/drawing/etc.**

**You did it on your own!**

**You did x and then y and worked it out.**

**You used lots of red paint/blocks/tape/etc.**

**You made it really big/small/colorful/complicated/etc.**

**That took you a long time, and you did it!**

**How did you do that?**

**You did x, what will you do now?**

**Can you tell me about it?**

**What is your favorite part?**

**How did you think of that?**

**I really enjoy doing this with you.**

**I love watching you create/help your sister/play soccer/ etc.**

**I'm so proud to be your mum, every day, no matter what.**

**Look how happy your friend is when you share/help/smile/etc.**

**You kept going, even when it was hard.**

**You look so pleased to have done that!**

**You made x feel so pleased when you did that.**

**It makes you feel good when you do x.**

**Say nothing - just smile.**